I've loved art since I was a little girl, thanks to my mom. She was my first inspiration. I did all kinds of art growing up, but I stopped when life got busy. When I retired in 2010, I picked up a paintbrush again and haven't looked back.

I am mostly self-taught. I follow many artists on social media, and I've learned a lot from watching them paint. I'm still learning every day.

I enjoy the process of creating. I have experimented with many techniques, using brushes, palette knives, and different textures. I work primarily with acrylics on canvas and have painted a variety of subjects, using color, expressive forms, and abstract elements.

Color plays an important role in my work. I love its ability to evoke emotion, create energy, and invite curiosity. My paintings reflect a willingness to explore different subjects and follow inspiration wherever it leads, without feeling confined to one particular style or interpretation.

For me, painting is both a source of personal peace and a way to connect with others and the world. I believe there is a creative artist in each of us, and I hope my paintings invite you to pause, smile, and discover something uniquely your own.

Pamela Mae Catalina